

Irlen Syndrome

Do you have ‘Irlen Syndrome: Scotopic Sensitivity Syndrome’ that means light hypersensitivity. Do you feel glare under the sun, fluorescent light, LED? Can you detect characters when reading book? Do you feel very tired using eyes? If you have these symptoms, it is possible to have Irlen Syndrome. This syndrome is related with developmental disorders like LD, ADHD, or ASD. These symptoms can be improved by overlapped color film or color lens, which color fit for each of you.



Provided from Irlen Institute



Japanese Version of “Reading by the Color”

Counseling and fitting lenses for Irlen Syndrome in this Center

Please check the following items before coming this center.

●Medical check in Ophthalmology

(visual acuity, Refractivity, astigmatism, Cataract, Glaucoma etc.)

●Intelligent test (IQ test: WISC-IV、WAIS-III・IV、KABC-II、DN-CAS etc.)

Telephone Reception The counseling and rehabilitation center in the University of Tsukuba

Tel 03-3942-6850 Monday to Saturday (except Wednesday) 10:30~12:00 13:00~16:30

Please explain about following questions. And we ask about some other questions in

Reception.

●how is your glare under sun, fluorescent light, or LED?

●how is your reading difficulties?

●how is your body fatigue using eyes?

Schedule adjustment

If the date of meeting each other decided, we send you the checklist of hyper and hypo-sensitivity.

Intake (1 time)

We ask about Growth history and difficulties about light, reading etc..

Irlen Screening (about 1 time)

If you need Irlen lens, go to following steps.

Fitting of Irlen lens (1-3 times. It depends on the client)

Lens order to Irlen lab in USA.

Arrival of the lens (It takes about 1 month)

Reference: Helen Irlen 1991 “Reading by the color” .

The Irlen staffs in this Center

Keiko KUMAGAI, Ph.D. (Irlen Diagnostician, Clinical Psychologist, School Psychologist, Speech therapist, Specialist of Special Educational Needs)

Rie ARAI, MA (Irlen Diagnostician, School Psychologist)

Marie TSUNODA, MA (Irlen Screener)

Nanase SATO (Irlen Screener, Clinical Developmental Psychologist)

Natsumi MITSUI (School Psychologist)

Yuria KOZONO, MA (University of Tsukuba)

Chiaki IGARASHI, BA (MA Student, University of Tsukuba)

Yuka TSUDA (Student, University of Tsukuba)

Related staffs

Fumiki OKAMOTO (Ophthalmologist, University of Tsukuba)

Ryoko HORIGUCHI (Optometrist)

Kenji MATSUSITA (Ophthalmologist, Osaka University)

Rumi KAWAMURA (Ophthalmologist, Osaka Tsukuba)

Masafumi YANO (Honorary Professor, Tohoku University)

Questions to : kkumagai@human.tsukuba.ac.jp